Welcome to prayer prompts for 8-12 year olds (also suitable for older young people with additional needs).

These cards are designed to help children pray by giving them prompts through pictures, words and symbols. There are 26 different cards, each with a simple theme. There is also a companion set of cards for 4-8 year olds.

Both sets can be downloaded as PDFs to print from www.urc.org.uk/your-faith/children-young-people/children-youth-work

The aim is to support children in their own spirituality by giving them open visual prompts and simple words so they can craft their own prayers using words, actions, silence or any other means they choose. These cards could also be used to support children in leading prayers in a group setting.

Widget symbols used with kind permission.









# Prayer Prompts FOR 8-12s

A pack of 26 cards with pictures, words, symbols and Bible quotes to help children pray

Ideal to use with a group or at home

## Guidance for how to use these prayer prompt cards with 8-12 year olds.

### Ways to offer the cards to children:

- Spread the cards out and allow them to choose
- Pass round or deal out the cards
- Pick at random
- Choose to fit your theme
- Ask a reflective question and allow them to choose in response
- One card is slightly different and can be recognised by the question marks on it. Use this to enable a child to pray independently about anything of their own choosing.

### Prompted by the words, symbols, pictures and Bible quote, children might choose to:

- Talk about the picture with God
- Read the prayer
- Say their own prayer
- Share the picture silently
- Read and reflect on the Bible quote

### Others could join in by:

- Repeating key words or a response
- Using actions or Makaton signs
- Trace words or pictures in the air or on their hand
- Adding their own prayer
- Asking a question or giving an example

### Help everyone join in by explaining what AMEN means (we agree, this is our prayer too) Explore ways of saying AMEN together:

- Move hands from floor to up high
- Use the Makaton sign do 'thumbs up' with both hands and bring the thumbs together
- Shout it
- Whisper it
- · Clap a rhythm after it

