

Moving Stories

Commitment
for **Life**

Life-giving Faith | Defiant Hope | Generous Love

Committed to supporting **Zimbabwe**

Where will Greta get to visit this summer?

Greta's flying disc with object lesson is made from recycled plastic and is aimed at helping children and young people learn about *Commitment for Life*. Cathy, the receptionist at Church House recently took one over 5000 miles to Seychelles, to play with family on the beach in Mahe!

Like all nations, the Seychelles is feeling the effects of the climate crisis, through experiencing hotter than normal weather, and higher tides. This affects wellbeing, vegetation, travel as everything is disrupted. One way in which the population is managing the change in climate is by reclaiming its heritage through making things such as fans and baskets from leaves. Are you going away this year, why not take with you Greta's flying disc. They are obtainable from commitmentforlife@urc.org.uk When home send us a picture of where you have taken it.

Prayer

Dear God, thank you for the wonders of your creation. As we visit places this summer to see, enjoy its beauty, and recreation, may we do so in an environmentally friendly way, leaving only our footprints behind us. Amen

Zimbabwe – Life is always better with a cup of tea!

The resurrection bush is a native plant that many farmers grow in Zimbabwe to make herbal tea. Few plants can grow here under the baking sun. It looks just like a bundle of red, dead twigs. Agnes, however, knows that with just a little water, it will soon spring back to life.

Agnes likens the resurrection bush to our lives. Sometimes life is difficult, and other times it is OK. But during the times when it is difficult, do not lose hope. Anytime, life can become good again.

Like the Resurrection bush, Agnes has survived the hardest of times. A drought in her region, left her struggling to grow food, and what little she had left went to her son. She went from having three meals a day to just one! But Agnes did not give up hope. Christian Aid's BRAC programme helps farmers to support each other and stand strong against the changing climate. With the knowledge that she has gained she can now grow food and herbs that thrive even in the driest conditions. Together with women in her community, she uses a solar-powered pump to water beans and fresh tomatoes to sell.

Your support for Commitment for Life, means that Agnes can now support women who are fighting the same struggles she once did.

Agnes grows the resurrection bush on a dry, dusty mountain in Zimbabwe.



Photo: Christian Aid