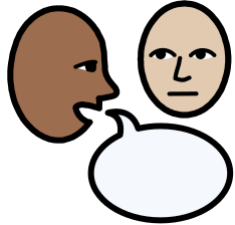


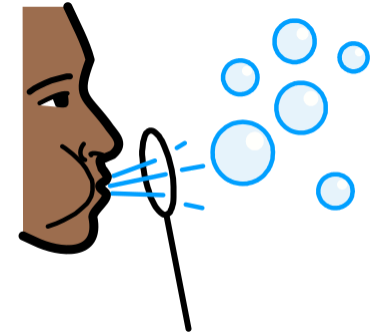
If I feel angry, I can...



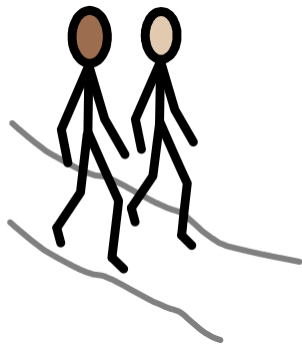
Talk to  
someone



Go in the tent



Blow bubbles



Go for a walk



Use the calm  
bag



use  
playdough