



Faithful Footsteps

Sharing faith with the next generation





Faithful Footsteps

Welcome to Faithful Footsteps, a series designed to support grandparents in exploring faith in creative, age-appropriate, and engaging ways with their grandchildren. These resources will help you walk alongside children as they take their own faithful footsteps.

Each pack is divided by age group (0-5 years, 5-11 years, and 11-14 years), recognising that children engage with Scripture and faith at different developmental stages. Every activity, story, and prayer has been thoughtfully chosen to help them connect with God, understand biblical truths and reflect on how faith is lived out in everyday life.



What You'll Find Inside:

- Bible readings tied to key Christian seasons and stories.
- "Wondering" questions to spark curiosity, imagination, and conversation.
- Hands-on activities using everyday materials — perfect for homes or outside.
- Creative prayers that help children talk with God in meaningful ways.
- Suggestions for stories, songs, and films that connect with each theme.

How to use the Resources:

- Choose what suits you — there's no pressure to do it all! Use the ideas that work best for you.
- Adapt and personalise — feel free to change the materials to reflect your family. The activities are flexible and work across different learning styles.
- Focus on connection — these resources aren't about "getting it right". They're about spending time with God, building trust, and creating space for wonder, questions, and joy.

How to use the Resources cont...

- Use the “Wondering” prompts — don’t rush past them. These open-ended questions are a chance to hear what children are really thinking and to explore faith together.

You don’t need to be a Bible expert to use these with your children. Simply take time to read, talk and be present. Share your own thoughts and listen with openness — children’s faith often teaches us as much as we teach them. Faithful Footsteps is about sharing your faith with your grandchildren and nurturing their lifelong journey of faith. However you use these resources, may they spark joy, deepen understanding, and remind your grandchildren that they are deeply loved by God.

Other resources you may want to explore:

FACT and FAYR postcards – these postcards have a suggested prayer idea, a wondering question and an easy activity to do based on the theme, as well as the Bible story text. bit.ly/FACTFAYR

Special thanks to Jess Poole; Hannah Middleton; Judy Harris;
Proofread by Laurence Wareing



0 - 5 years



Draw a picture of you and your grandparents here.

Epiphany

The Wise Ones



Scripture

Read Matthew, chapter 2, verses 1 - 12. Wise Men Come to Visit Jesus.

Wondering

What was your favourite bit in the story?

The Wise Men gave presents to Jesus. How do you feel when you get a present? How do you think Jesus felt getting presents?

Prayer

Dear God, thank you for sending the wise men to visit Jesus and for keeping them safe on the journey. Keep us safe on our journeys. Amen

Activity - Camel Trains ★

Draw camels onto card or paper decorate their saddles cut them out and place them in a row as they travel you can move them around a room or your house until Epiphany Jan 6th the day we celebrate the arrival of the wise ones.



Stories

You may want to watch the story of the **Three Wise Kings** by Tomie dePaola or even find a song about the wise man to sing along together. ★



Snuggle up together and read the story - **Follow the star with the Wise Men** by Stephanie Jeffs ★

Love is..

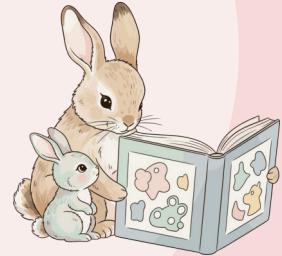
Scripture

Read Matthew 22, chapter 22, verses 37 - 39. The Most Important Command.

Wondering

You may want to watch, or read together **Love** by Emma Dodd

What was your favourite bit in the story? Think about the people you love. How do you show them that you love them? How can you show your love for God?



Prayer

(You can do this prayer when doing the activity)

Thank you for all the people who love me. Help us to love other people as much as you do. Amen.



Activity - Fingerprint Hearts

You will need: Air drying clay or sourdough. Paints or ink pads; wet wipes. Cookie cutter.

What you do:

Squirt out small amounts of different coloured paints onto a paper plate. Roll out the clay/sourdough and use a cookie cutter, cut out a piece of clay/sourdough (a heart or circle shape is best as you can then hang them up). Dip your finger into the paint and then gently press your finger onto the clay/sourdough.

Try and get your family's fingerprints in the heart. Look at how you're all different and how much God loves each one of you. Can you make your fingerprints into a heart shape?



Spring

Growing in Hope

Scripture

Read *Genesis*, chapter 1, verses 29 - 30. The Beginning of the World.



Wondering

Read together *Mrs Noah's Pockets* by Jackie Morris, you may want to find a version to watch.

I wonder how many pockets Mrs Noah had in her coat.
I wonder what animal we want to save.



Activity - Rainbow Hunt

You will need: A piece of card (use an old cereal box).

What you do:

Draw circles in the colours of the rainbow. Go out for a walk to find the colours of the rainbow in nature. Colour in the circle or draw a flower in the correct colour, making the card as colourful as possible.

Do not pick the flowers, unless they have already fallen on the ground.

You could pack a picnic and make a day of it!

Make it fun, give them bonus points for finding different shades of all the colours.

Go on a spring trail - www.muddychurch.co.uk/march

Rainbow Prayers

You will need: A bag of skittles, a plate, hot water (not hot enough to scald, but hot enough to make the colour run!)

Arrange the skittles in the plate

Pour some hot water onto the plate to cover its surface. Pour it carefully so that the skittles stay in place. Wait and the skittles will gradually release their colour. As the rainbow is made remember to promise that God made to the world, and prayer that we will care for Gods world too.



Easter

Read, or watch together, **A Very Happy Easter** by Tim Thornborough

Wondering

I wonder if you can make the different faces in the story.
I wonder what part of the story you liked the best.



Prayer

God loves us so much, at Easter he shows us just how much.
Mark in chalk some circles on the floor or use a hula hoop if you have one.
Jump in the hoop and shout **GOD!** Jump again and shout **LOVES!** Do it once more and shout **ME!**
Change this to shout the name of someone God loves -
GOD...LOVES...GRANDAD!

Activity - Surprise Cake

You will need: Cupcakes (you could make some or buy them ready made); icing; a spoon; sweets for the centre.

What you do:

Use the spoon to take the top off a cupcake. Once you've taken it off, make a small hollow in the middle of the cake. Fill the middle of the cupcake with sweets and put the top back on. Cover the top of the cupcake with icing, making sure cover the bit you have cut out. Do you think people will be surprised? I wonder what surprises you.



Why not Go on an Easter scavenger hunt.



Pentecost

Scripture

Read Acts, chapter 2, verses 1 - 4. The Coming of the Holy Spirit.



Wondering

Read, or watch together, **The Boy Who Loved Everyone** by Jane Porter

I wonder how Jesus' friends felt when the wind blew upon them. I wonder if they were excited to tell people about how amazing God was.

Rejoice

Sing out to God with a loud and joyful voice!
Find some songs to sing together about the Holy Spirit.



Activity - Flame Streamers

You will need: Orange and yellow tissue paper.
Wooden sticks or thick straws. Glue.

What you do:

Cut the tissue paper into long strips and glue them onto the stick or straw.

Listen to the noise the streamers make and look at the colours as they move and catch the light.



Streamer Prayers

While you're making your streamers, you could write or draw a prayer onto the separate bits of paper. If you can take it outside, sit quietly and listen to the sounds you can hear. Can you hear the wind rustling through your streamer? Can you hear any birds, traffic or people?

Thank you God that we can feel your energy in the wind, hear your creation in the birdsong and see your love in the world around us. Thank you for helping us to share more of your love with our friends and family. Amen

The Sower

Scripture

Read Matthew, chapter 13, verses 1-9. A Story About Planting Seeds.

Wondering

Read **The Tiny Seed** by Eric Carle

I wonder what seeds you can see. I wonder what they will grow into.



Prayer

Curl up into a small ball and pretend you are a small seed, as you grow remember God who helps us to grow giving us all the good things we need. As we stand up shout, "God is Good!"

Activity - Seed Bombs

You will need: Blender; packet of seeds; sheet of colourful paper; silicone mould (optional)

What you do:

Begin by tearing the coloured paper into small pieces and place the pieces in a bowl and cover it with water. Soak the paper for about 15-20 minutes.

Squeeze the water out of the paper and place it in a blender. Blend into a pulp consistency. Squeeze any excess water out of the pulp. Fill the moulds halfway with the pulp, pressing down firmly. Sprinkle seeds on top of the pulp and fill the rest of the way.

Alternatively, you can make small balls and roll them in the seeds.

Leave the bombs in the mould and let dry, about 2-3 days. Remove from mould once completely dry. Throw them onto the ground and wait and see what grows in the coming weeks.



Elijah

Scripture

Read 1 Kings, chapter 19, verses 11-12. Elijah at Mount Horeb (Sinai).

Wondering

Read or watch **In My Heart** by Jo Witek



I wonder if we can feel God in our hearts.
I wonder if we can see God.
I wonder if we can hear God.
Can we see what God does around us?



Activity - Cushion Fort

Build a cushion fort and create a quiet space to be calm. Take your teddies, or things that comfort you in there.



Windmill Prayers

You can use one you have or make a simple windmill yourself. You may be able to find out how to make them online.

As you spin the windmill, say this prayer together.

Thank you God for the quiet. Thank you God for the calm. Thank you God for everything. Amen

Outdoors

Scripture

Read Matthew, chapter 7, verses 24-27. Two Kinds of People.

Wondering

Read **The Busy Builders** by Bob Hartman.

I wonder if the builders were friends.

I wonder if they always made different choices.

I wonder what you have to choose today.



Activity - Sand Castles

You will need: Wet sand either in a sandpit or on the beach.

OR

Building bricks

What you do:

Make a large mound of sand in the shape of a volcano with a flat top. Use your hands to compact the sand and make it solid. Add more layers of sand to build up your castle. Use a ruler or spatula to smooth the surface of the sand. Decorate your castles with shells, pebbles, and other finds. You can build towers by shaping the sand into a tower using a spatula or tube. Or you can use a bucket or mould.

Alternatively, create a building using building bricks.

Prayer

Let some sand run through your fingers, or find the smallest brick. Say thank you to God for all the wonderful things that are created from these small things like glass and bricks.

New Beginnings

Scripture

Read Luke, chapter 24, verses 13 - 35. On The Road to Emmaus.

Wondering

Read, or watch together, **The Koala Who Could** by Rachel Bright

I wonder what new things you like to do. I wonder what you get worried about.



Sweet Prayers

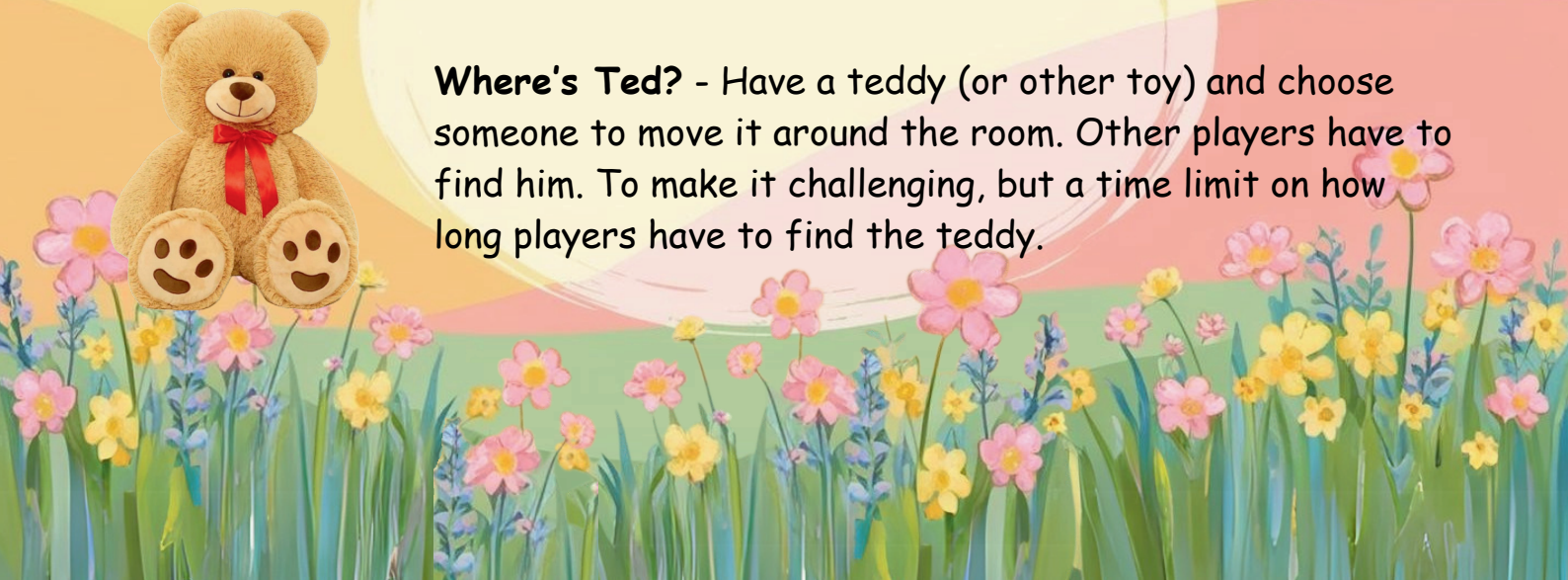
Grab a pack of multi-coloured sweets, decide what you will pray for when you eat each colour. For example, red - family; purple - friends; green - environment/animals; yellow- the world; orange - school/work. Take it in turns to pick one sweet. Before you eat your sweet, say a one-line prayer thanking God for something in that category.

Activity - Change Games

Play a game where something changes.

What Changed? - Look at what each other's appearance. Choose someone to go outside. They must change something about their appearance (put on a new bit of clothing, alter something etc) and then come back in. The other players have to guess what's different.

Where's Ted? - Have a teddy (or other toy) and choose someone to move it around the room. Other players have to find him. To make it challenging, but a time limit on how long players have to find the teddy.





Harvest

Scripture

Read Ruth, chapter 2, verses 1-8. Ruth Meets Boaz.

Wondering

God made us all different shapes, sizes and colours just like autumn leaves. Ruth was different to Naomi in the story because she was younger, but also, she was from a different country. She looked after Naomi and went to gather wheat from the fields to make bread for them.

I wonder how does it feel if you go to a new place.
I wonder if you have smelt bread baking. Did you like the smell? How did it make you feel?



Activity

Go for a walk and see what signs of autumn you can find. Collect leaves that have fallen off the trees. Look at the different colours. You could make a picture with the leaves that you have found.



Prayer Walk

As you go on your walk, see how many beautiful plants and flowers you can see. Say thank you to God for them and as crunch the crispy leaves.

Thank you God, for the colours of autumn and the food that we have. Amen

Stars

Scripture

Read *Genesis*, chapter 15, verses 5-6 and then chapter 17, verses - 17, 19 and 22. God's Agreement With Abram.



Wondering

Read, or watch if you can, **A Handful of Buttons** by Carmen Parets Luque

I wonder how many people are in your family. I wonder what your favourite way is to spend time with them.

Prayer

Look up at the stars. Think of people in your family that you would like to pray for.

Dear God, we thank you for our family and those we care about. Amen

Activity - Stars

You will need: Star template; paper; card; tinfoil; colouring pens, glitter and glue (optional)

What you do:

Shiny stars - trace around the template onto card and cut out the stars. Wrap the tinfoil around each individual star. Place them on a dark carpet or dark piece of paper. Or using blu-tak, stick them to the ceiling.

Alternatively, cut out loads of paper stars, decorate them and either hang them up or stick them to some dark paper and make a night sky! You could also draw members of your family on each star, thanking God for them.



Advent

Scripture

Read Luke, chapter 2, verses 1-20. The Birth of Jesus.

Wondering

Read, or watch together, **The Nativity** by Fiona Watt; or find a version of the story you love to read together.

I wonder if the donkey had a name. I wonder what the other animals thought? I wonder what it smelt like?



Satsuma Prayers

As you eat your satsuma, pray for a different person as you eat each segment, taking it in turns with others in your family.



Activity - Sensory Box

You will need: Items to help retell the story such as fur, straw, cloth, wood, shiny material or foil, star and so on.

What you do:

Use the items in the box as you tell the Nativity story.

Use a small figure and play with the story.



Merry
Christmas!

