**Welcome (Parents and Carers asked to stay until after the opening Prayer)**

Welcome back to Friends on Faith Adventures. We are looking forward to going on a journey and nobody knows where we will end up. All we know is we have got our crate filled with adventure and an open path ahead. So, hold on tight and enjoy the ride!!

Let’s hear about FOFA bear and FOFA cam’s adventures this week and how everyone got on with the Walking the Way challenge. (Encourage everyone, including parents and carers, to join in.)

**The Opening Prayer**

We are friends together *(shake hands with both palms facing towards body)*

On a faith adventure (*point to forehead with thumb. Hold other hand with palm facing up and bring the side of your first hand down so that it goes across the palm of the second hand just below the fingers)*

With the Bible as our mapbook *(draw cross with thumbnail on back of hand then put hands together and open like a book)*

And Jesus as our guide *(use index fingers to point into palm of each hand in turn).*

God, be with us in all that we do *(point up, then make index finger into a hook shape and move down as though pulling down towards you)*

And go with us wherever we go *(point outwards).*

Amen *(two thumbs up with hands apart, bring hands together)*

**The alternative Prayer**

Lord help us to be:

**P**repared for adventure

**I**n all we do.

**L**oving and caring,

**O**pen to others

**T**ogether as one community

**S**haring the love of Jesus on our way.

Amen

**Fun together**

**Spotty**

**You will need:**

* 2 Laminated A4 sheets with a face on
* 2 Wipe clean pens
* Wipes
* timer

Split the group into two equal teams lined up at one end of the room. Place the laminated picture and the pen at the other end of the room. The aim is to play this game in the form of a relay with each participant running to the laminated sheet, adding a dot to the face and then returning to the back of the line. The play continues until the timer runs out (set the timer for 5 minutes) The team with the most spots is the winner. If time allows you could play the game again but this time each team member is to wipe one spot away on their go and the first team to wipe away all the spots is the winner. (Before you play it this way ensure both teams start with the same number of spots on each face)

**All wrapped up**

**You will need:**

* toilet roll for each pair/ team
* timer

This game is quite simple: each team or pair is given a full toilet roll and the aim is to wrap one person up with the toilet roll in the quickest time. (Avoid wrapping the head) Play this as many times as you like while time allows or until you run out of toilet rolls!

**Today’s theme is how God performed miraculous miracles and still does today**

The Big Story – *The healing of Naaman -*  2 Kings 5 v 1-15

What you need: put items in a bag

* crown
* boxes to represent gold/ silver/ fine clothes
* blue cloth for water or actual bowl of water and a towel

Reader 1: Today’s story is all about a highly respected and honoured soldier.

Reader 2: [Saluting and bringing feet together] Attention! {said with authority] [Encourage the children to repeat it with you – attention]

Reader 1: What are you doing?

Reader 2: I am being a highly respected and honoured solider [Saluting and bringing feet together] Attention! {said with authority] [Encourage the children to repeat it with you – attention]

Reader 1: Um, ok – yes you can be Naaman for the purposes of this story.

Reader 2: Oh [looking sad] I wanted to be the highly honoured and respected soldier

Reader 1: You are – Naaman is his name

Reader 2: Oh good [Saluting and bringing feet together] Attention! {said with authority] [Encourage the children to repeat it with you – attention]

Reader 1: Ok, you can stop saluting now – let’s get on with the story! The only problem was Naaman had a skin disease and this made him uncomfortable and sad. One day the servant of Naaman’s wife told her ‘If only my master was with the prophet in Samaria, I am sure he could heal him of his skin disease”

Reader 2: Oh, that sounds good, I would like to be healed, I shall go and speak to the king about it right away.

Reader 1: Naaman explained the situation to his master, the King of Aram, who also thought it was a good idea. He prepared some gifts for the King of Israel, some gold, silver and fine clothes, along with a letter asking for the King of Israel to heal Naaman.

[Children take out the boxes with the words gold, silver, fine clothes on and stack them up]

Reader 1: The king of Israel was very cross, incredibly cross, that the King of Aram had suggested he could heal Naaman – he shouted, ‘Who does he think I am? God?’

[take out the crown]

Reader 2: I hope someone can help, after all I am a highly respected and honoured soldier [Saluting and bringing feet together] Attention! {said with authority] [Encourage the children to repeat it with you – attention]

 Reader 1: Thankfully someone who could help was listening. Elijah (a man of God) said to the king, “Don’t be cross – send Naaman to me.” So Naaman and his servants got on their horses and chariots and set off.

[everyone to act getting on horses and galloping on the spot]

Reader 1: When Naaman arrived, Elijah wasn’t there. Instead he had sent a messenger who told the highly respected and honoured soldier to wash himself seven times in the river Jordan and he would be healed’

Reader 2: Elijah sent a messenger rather than coming to see me himself? Doesn’t he know that I am a highly respected and honoured soldier [Saluting and bringing feet together] Attention! {said with authority] [Encourage the children to repeat it with you – attention] I can wash in the waters of Damascus; I don’t need to wash in the stinky river Jordan!

Reader 1: The servant of Naaman said to him, if Elijah had asked you to do some extraordinary act wouldn’t you have done it? You should do what he asks now and wash in the river Jordan.

Reader 2: hum……even though I am a highly respected and honoured soldier, [Saluting and bringing feet together] Attention! {said with authority] [Encourage the children to repeat it with you – attention] I shall do it.

[take out the blue cloth for water or the actual water]

[Act out dipping/ cleaning yourself seven times, counting out loud as you do it – children to join in]

Reader 1: So Naaman went and washed seven times in the River Jordan and when he emerged from the water his skin was clean and smooth and healed of any disease.

[Naaman to shout hooray]

Reader 2: I now know there is no other God in the world but the God of Israel.

Reader 1: I wonder why Naaman was reluctant to follow the prophet’s instructions at first?

**Creative adventure**

What you need:

* Fabric bags [nuoshen 30 Pcs Cotton Drawstring Bags, Burlap Gifts Bag with Drawstring Fabric Gift Bags for Jewelry Favors, Wedding Party and DIY Craft (3.15 x 3.94 inches) : Amazon.co.uk: Home & Kitchen](https://www.amazon.co.uk/nuoshen-Cotton-Drawstring-Jewelry-Wedding/dp/B094D5DG7Y/ref%3Dpd_lpo_1?pd_rd_i=B094D5DG7Y&psc=1)
* Felt tips/ sharpies (or fabric pens if you have them) [2X textile fabric markers - set of 8 assorted colours : Amazon.co.uk: Home & Kitchen](https://www.amazon.co.uk/2X-textile-fabric-markers-assorted/dp/B078X8TS76/ref%3Dasc_df_B078X8TS76?tag=bingshoppinga-21&linkCode=df0&hvadid=80745469309071&hvnetw=o&hvqmt=e&hvbmt=be&hvdev=c&hvlocint=&hvlocphy=&hvtargid=pla-4584345020175633&psc=1)
* Paper
* Foam/ pins/ stencils (Optional)
* Device to play a you tube song (optional)

Give everyone a few minutes and a piece of paper to think about/ draft a design to include the word miracles. Consider playing this song to give them inspiration [When you believe (Mariah Carey & Whitney Houston) - lyrics - YouTube](https://www.youtube.com/watch?v=c0i8Q_7s9XI)

Helpful suggestions could be to draw their favourite things/ flowers/ animals. Ensure everyone is aware that once they start drawing, it cannot be rubbed out and unless you have spares, they cannot start again.

Complete this activity on a flat surface, place a piece of paper inside the bag before beginning to draw on the bag. (This is to ensure the design doesn’t seep through to the other side of the fabric)

Once ready use the felt tips or fabric pens on the bags.

Consider providing stencils and to keep the material still, pins to secure the bag to a piece of foam.

Wondering questions to use during creative time:

I wonder …how we would describe miracles to someone else?

I wonder …if miracles happen today?

I wonder …if you’ve seen a miracle?

**The Adventure Map**

Explain the Adventure Map and how a lot of the books were written hundreds and thousands of years before Jesus came to Earth. However, a lot of the stories in the Bible before the birth of Jesus, talk of his coming and set out how God wants us to live our lives.

Take the group to the Adventure Map that you have created on the wall. Get the group to find where on the Map today’s story came from. Choose one or some of the things created by the group to be photographed and attach this to the wall to create a visual reminder of where the story came from and your adventure together. The aim is that in a year you will have lots of reminders of the stories and where in the Bible they come from. Use a piece of string or ribbon to connect the photo of the craft work to the book of the Bible.

**Walking the Way**

**This is a time to invite the parents and carers back in to share what the children have been up to during the session. They will also be here to hear about the Walking the Way challenge and the tasks (should they choose to accept them) that the children (and parents) are about to undertake.**

For the Younger: FOFA the bear

This is FOFA. FOFA likes nothing more than to go on an adventure; FOFA is a little more adventurous than me. FOFA believes that faith is a journey and that’s why FOFA would love to take you on a journey with him and walk the way of God in our everyday lives. Each session FOFA would like to go home with one of you and add to FOFA’s scrapbook of things you do together. FOFA doesn’t mind if you draw a picture of what you have done, take a photograph or just write a story about it. FOFA also doesn’t mind if you just come and tell the rest of us what you got up to together. But because FOFA’s memory isn’t very good as FOFA’s brains are made of stuffing, it would be better to save the memories in the book if you can. At the end of our time together we can always remember the great adventures we have been on together with FOFA and hopefully you will walk a little closer with God.

For the Older: FOFA cam

This camera is your window on the world. You have one shot at this, so choose carefully. You will be given a very precious piece of equipment – a FOFA cam. You have one photo to take with the camera, that records one thing – a way you have met the challenge. If there are other people in the photo, please ask their permission first and explain this photo will be put on display here. Bring back the camera and your photo next time to share your moment - and remember you only have ONE shot at this!

Every time we will choose someone to take FOFA bear and someone to take FOFA cam to help them with the challenge – but we can all have a go at the challenge!

Our Walking the Way Challenge this time is: To find out about some other miracles in the Bible, choose one and draw a cartoon story or picture story to illustrate it in some way.

**Adventurers Go!**

So, today we have heard how, through God’s power, a man called Naaman was healed from a skin disease and how miracles help us to trust in God and in his power.

**Prayers (choose one/both)**

Healer God,

You are amazing and awesome,

That you can heal people and perform miracles is incredible and wonderful.

Help us to see your miracles all around us each day

Amen

**Active Prayer**

What you need:

* 3 boxes filled with shredded tissue paper/ tinsel/ sequins or rice
* These words laminated and then three words hidden in each box: Remember / there / can / be / miracles / when / we / believe / Amen

Before the session begins hide three words in each box. Task the group to find the words in the boxes and then to form the sentence ‘Remember there can be miracles when you believe, Amen’

Everyone is to say the sentence together.

**End Prayer Every Session: All together**

**We are Friends on Faith Adventures, travelling together with God.**

**Adventurers go! Amen**

**What you need for this session**

* 2 Laminated A4 sheets with a face on
* Wipe clean pen
* Wipes
* Timer
* toilet roll for each pair/ team
* crown
* boxes to represent gold/ silver/ fine clothes
* blue cloth for water or actual bowl of water and a towel
* Device to play a you tube song (optional)
* Fabric bags [nuoshen 30 Pcs Cotton Drawstring Bags, Burlap Gifts Bag with Drawstring Fabric Gift Bags for Jewelry Favors, Wedding Party and DIY Craft (3.15 x 3.94 inches) : Amazon.co.uk: Home & Kitchen](https://www.amazon.co.uk/nuoshen-Cotton-Drawstring-Jewelry-Wedding/dp/B094D5DG7Y/ref%3Dpd_lpo_1?pd_rd_i=B094D5DG7Y&psc=1)
* Felt tips or sharpies (or fabric pens if you have them) [2X textile fabric markers - set of 8 assorted colours : Amazon.co.uk: Home & Kitchen](https://www.amazon.co.uk/2X-textile-fabric-markers-assorted/dp/B078X8TS76/ref%3Dasc_df_B078X8TS76?tag=bingshoppinga-21&linkCode=df0&hvadid=80745469309071&hvnetw=o&hvqmt=e&hvbmt=be&hvdev=c&hvlocint=&hvlocphy=&hvtargid=pla-4584345020175633&psc=1)
* Paper
* Foam/ pins/ stencils (Optional)
* 3 boxes filled with shredded tissue paper/ tinsel/ sequins or rice
* These words laminated and then 3 words hidden in each box: Remember/ there/ can/ be/ miracles/ when/ you/ believe/ Amen

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| **Location** | **Possible hazard** | **Action required** | **Action taken** | **Signature** |
| **During session** | Risk of injury while running in the game | Supervise carefully and remind children of the need to run with care. |  |  |
| **During session** | Use of sharpies/ fabric pens/ marker pens and possible damage to clothes | Consider offering protective clothing. Supervise well  |  |  |