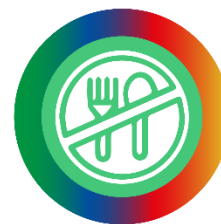


Exodus 12: 14-20 – a simple celebration

Today's passage tells us about the Jewish feast of unleavened bread. When God rescued the Israelites from Egypt where they were being kept as slaves, they had only a short time to escape so God told them to bake bread without yeast. Bread with yeast takes time to rise, but flatbread doesn't. To remember their rescue, Jewish people celebrate with flatbread and remove any trace of yeast from their homes.

You can make some tasty flatbread using 200g plain or wholemeal flour, ¼ tsp salt, 100ml warm water and 2 tbsp oil, plus a little extra for cooking. Put the flour and salt in a large bowl and slowly add the water. Mix it together with your fingers, then knead the dough for five minutes. (If your hands get covered with dough, put a bit of flour on them and rub them together so the dough falls off). Divide the dough into four to six balls and flatten them with a rolling pin. With adult help, heat a large frying pan on a medium heat. Rub a little oil onto the surface of the pan with some kitchen towel. Cook for about two minutes each side.



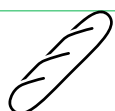
A prayer for whenever you eat bread or toast

Thank you, God, for reminding me you care.

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Bible Reading

Exodus 12: 14-20– a simple celebration



“You will always remember tonight—it will be a special festival for you. Your descendants will honor the LORD with this festival forever. For this festival you will eat bread made without yeast for seven days. On the first day, you will remove all the yeast from your houses. No one should eat any yeast for the full seven days of this festival. Anyone who eats yeast must be separated from the rest of Israel. There will be holy assemblies on the first day and the last day of the festival. You must not do any work on these days. The only work you can do is preparing the food for your meals. You must remember the Festival of Unleavened Bread, because on this day I took all of your people out of Egypt in groups. All of your descendants must remember this day. This is a law that will last forever. So on the evening of the 14th day of the first month, you will begin eating bread without yeast. You will eat this bread until the evening of the 21st day of the same month. For seven days, there must not be any yeast in your houses. Anyone, either a citizen of Israel or a foreigner living among you, who eats yeast at this time must be separated from the rest of Israel. During this festival you must not eat any yeast. You must eat bread without yeast wherever you live.” *Copyright © 2006 by Bible League international. Used with permission.*

I wonder what foods remind you of someone or something special?

Bible Reading

Exodus 12: 14-20 – a simple celebration



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