

Isaiah 58:5-8 Standing out for God



Listen and dance (optional) to the following song:
<https://youtu.be/MPvnZILn6EY?feature=shared>

Isaiah's Bible reading describes how we can stand out and help others. White crayon is invisible until it is revealed using the colours/ paint.

Use some pale coloured (preferably white) wax crayon or a candle and draw a picture or some words on a piece of white paper. Use some slightly diluted paint and paint over the drawing. It should hopefully be revealed, standing out once the paint makes contact.

Your picture can help you remember you can stand out for God.



A prayer for when the water drains down the plughole:
God, help me to let go of all that stops me standing out for you. Amen

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Bible Reading

Isaiah 58:5-8 Standing out for God



The way that you fast does not please me at all:

You make yourselves humble for a day.

You bend down your head,
like a piece of weak grass.

You lie down on sackcloth and ashes.

Do you think that you are really fasting when you do that?

Do you think that it pleases me, the LORD?

This is the way that I want you to fast:

You must remove the chains
from prisoners who should not be in prison.

You must stop being cruel
to the people who work for you.

You must let people who are in pain go free.

You must break the yoke
of work that is too hard for weak people.

Instead, share your food with hungry people.
Give a place in your home

to poor people who have no home.

Give clothes to people who have nothing to wear.

If people in your own family need help,
do not refuse to help them.

Then God's light will shine on you,
like the sun's light at dawn.

Very soon, your troubles will go away.

The good things that you do to help others
will be clear for everyone to see.

And the Lord will use his great power
to keep you safe.

How do you make sure you shine?

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