



# Psalm 119 : 1-4,9-10 – God's people

Watch this video about what it means to be God's people

[https://youtu.be/UglrMffGHI0?si=j\\_0DUIKI6E6La1I8](https://youtu.be/UglrMffGHI0?si=j_0DUIKI6E6La1I8)



This week's reading is all about making good choices and following God's instructions. Sometimes that's easy, sometimes it is difficult. We don't get it right all the time, but all God asks of us is that we try, and that we say sorry when we mess up.

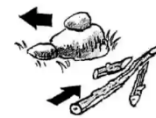
For our activity this week, let's have some fun making good choices and following directions using some tracking signs from Scouting. You'll need a friend to do this with.

One person goes for a walk and lays some tracking signs for the other one to follow. You can make the signs out of stones or bits of twig or, if you're not somewhere where those things are easily found, you could chalk signs on the pavement. You can make arrow shapes to show the way, bent arrows to say turn left or right, a cross to say "Not this way" and a circle with a stone in the middle to say "Gone home". Can your friend follow your trail?



**Wrong way**  
Go a different way

**Gone home**  
End of the trail

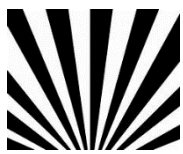


**This way**  
Still on track



**Turn here**  
Follow the arrow

I wonder how God shows us which way to go?



### A prayer for when you start your day

Jesus, my friend, be with me today.  
Help me in everything I think, say and do.  
Amen

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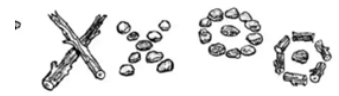
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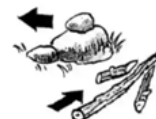
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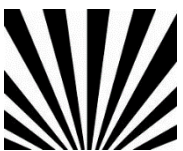


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## Bible Reading

### Psalm 119 : 1-4,9-10 – God's people



Great blessings belong to those who live pure lives!

They follow the Lord's teachings.

Great blessings belong to those who follow his rules!

They seek him with all their heart.

They don't do wrong.

They follow his ways.

Lord, you gave us your instructions  
and told us to always obey them.

How can a young person live a pure life?

By obeying your word.

I try with all my heart to serve you.

Help me obey your commands.

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***I wonder whether God expects us always to follow his rules?***

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