

| English | Cymraeg |
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| Gathering Prayer Jesus, our friend (use alternate index fingers to point and tap the middle of opposite palms) | Gweddi Ymgynull Iesu, ein ffrind (defnyddiwch fysedd mynegrif bob yn ail i bwyntio a thapio canol y cledrau cyferbyn) |
| Be with us today (two hands, palms up in front of you, move up and down twice) | Bydd gyda ni heddiw (dwy law, cledrau i fyny o'ch blaen, symudwch i fyny ac i lawr ddwywaith) |
| As we share together, (two hands, palms up in front of you, move one forward and one back and alternate twice) | Wrth i ni gyd-rannu, (dwy law, cledrau i fyny o'ch blaen, symudwch un ymlaen ac un yn ôl a bob yn ail, ddwywaith) |
| Pray together, (hands together, palm against palm, as though praying) | Cyd-weddio, (dwylo gyda'i gilydd, cledr yn erbyn cledr, fel petaech yn gweddio) |
| Play together, (hands to each side, palms up, make two small circles outwards) | Cyd-chwarae, (dwylo i bob ochr, cledrau i fyny, gwnewch ddau gylch bach tuag allan) |
| And get to know you better, (point up with one hand) | A dod i dy 'nabod yn well, (pwytio i fyny ag un llaw) |
| As children together in your family (one hand out, palm down in front of you, move it sideways and up in three 'steps' as though to indicate children of three different heights) | Ar y cyd, yn blant yn dy deulu (un llaw allan, eich cledr i lawr o'ch blaen, symudwch hi i'r ochr ac i fyny mewn tri 'cham' fel petai eich bod yn dynodi plant o dri thaldra gwahanol) |
| AMEN (Two thumbs up, and bring fists slowly together to meet in front of you) | AMEN (Dau fawd i fyny, a dod â'ch dyrnau at ei gilydd yn araf i gwrdd o'ch blaen) |
| OR Thank you, God, for bringing us together today. Help us to grow closer to you in all we do. Help us to speak and to listen, to learn and to grow together, Adventuring together with you wherever we may go. Amen | NEU Diolch, Dduw, am ddod â ni at ein gilydd heddiw. Helpa ni i dyfu'n agosach atat yn yr hyn a wnawn. Helpa ni i siarad a gwrando, i ddysgu ac i fyw ar y cyd, i fynd ar antur gyda'n gilydd ble bynnag yr awn. Amen |

