

Week 2- 'Joy'

Watch or listen to 'Joy' word study from The Bible Project.

<https://bit.ly/Joy-Advent>



Reflection

Joy ("CHARA") is something we hear a lot about in the Bible but it's good to know that it's different from happiness. You can still have joy even when you are unhappy. The video says that "Christian Joy is a profound decision of faith and hope in the power of Jesus, his own life and love". Joy is a choice. Advent reminds us that God is with us (Immanuel) and we can choose joy each day knowing this truth.

Questions

I wonder..

What joy means to you?

Where you find joy? Why do you find joy there?

How do you find joy when things are hard?

How you can share the joy of God with others this week?

Walking the Way Challenge/Activity.

At the end of each day this week, write down one thing that brought you joy and thank God for it.