

Special Resources



[Get Talking: Starting Conversations about Mental Wellbeing](#)

[Get Talking](#), produced by members of URC Youth, aims to live up to its name and get people talking about mental health. It's been created for use by people of all ages and backgrounds, in a church context and in wider society, to raise awareness of mental ill health. Young people in the URC have done much in recent times to raise awareness and improve provision for mental wellbeing in the URC. It is vital that this hard work continues, with everyone playing their part. So, [Get Talking!](#)

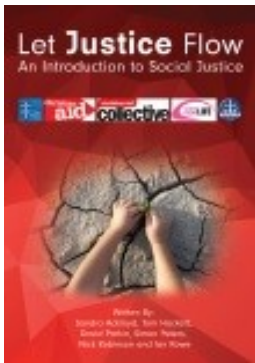
[Click on the link for a free PDF download](#)

[Let Justice Flow: An Introduction to Social Justice](#)

[This innovative resource](#) introduces users to a range of social justice concerns, including climate change, world trade, poverty and the stigma which often surrounds mental health and disability, asking why Christians should care, as well as seeking guidance from scripture on how Christians ought to approach these crucial issues. Each page is packed with information, suggestions and activities to assist both individuals and local church communities in the struggle towards a fairer, more just society.

[Available free as PDF download by clicking on the link.](#)

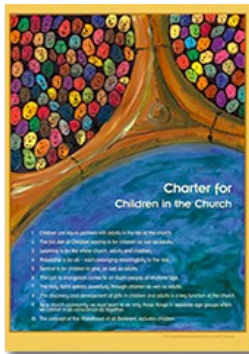
As this publication was written in 2015/16, some of the information and links included in it are now out of date. Please download our [AMENDMENTS](#) page to support your use of this booklet.



[Charter for Children – pack](#)

Contains a full colour A4 size version of each of the images by Neil Thorogood from The Charter for Children perpetual calendar (now out of print), with questions for discussion with a Bible reading and a prayer.

Available from the Children's and Youth Work office



[Charter for Children – images](#)

A CD of the images by Neil Thorogood for use in material for groups, service papers, magazines etc.

Available from the Children's and Youth Work office

