

Holy Habits – session 4: Prayer

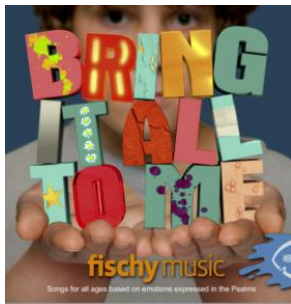
Introduction

'They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and **to prayer**' Acts 2:42

'Prayer is a conversation with God; it is waiting on God - both listening and serving. Prayer is nurturing, encouraging, exciting and engaging' (Holy Habits - Prayer pg7)

A useful article on Children and prayer which, helps reflect on how we pray with children and young people,
<https://www.barnabasinchurches.org.uk/children-and-prayer/>

For All Ages



Bring it all to me - Songs for all age based on the emotions expressed in the psalms. A Resources Pack by Fishy music

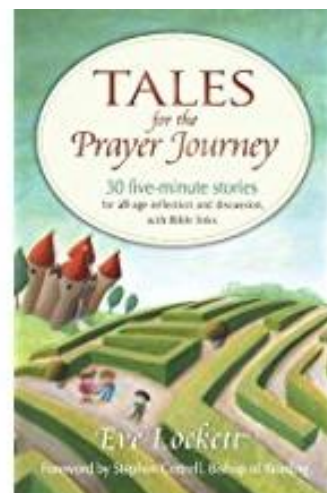
The pack includes songs that help discover the emotions on the psalms and offer lots of opportunities for use for prayer or a backing music for a reflective time.

The title song is a brilliant prayer song and encourages us to being everything to God. The resources pack has an excellent image DVD for each track that can be used for all ages. There are actions that for can be used for each song and an accompanying DVD that teaches the song and the actions.

A taster of Bring it all to me can be found on the Fishy music website
<https://www.fischy.com/songs/bring-it-all-to-me-2/>

Tales for the Prayer Journey: 30 Five-minute Stories for All-age Reflection, Discussion, with Bible Links by Eve Lockett

Tales for the Prayer Journey is an imaginative collection of five-minute stories designed to explore key aspects of prayer. The intention of the book is that prayer should be seen as integral to the life of a child, not merely a ritual act at the end of an event. The stories encourage children and adults to pray in their own way and their own language, but with a deeper understanding of prayer through exploring the Bible passages.



Hope 24 - Prayer

https://www.hopetogether.org.uk/Groups/194931/Prayer_Resources.aspx

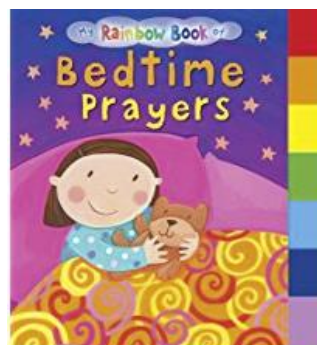
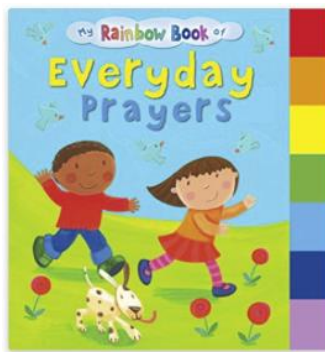
This website has find lots of ideas for prayer in lots of different ways. There are resources to download for prayer with both youth and children

Illustrated Children's Ministry

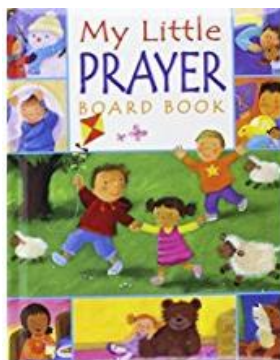
Illustrated resources for the church and the home, encouraging creativity and active engagement with faith for all ages.

<https://www.illustratedchildrensministry.com>

For the very young



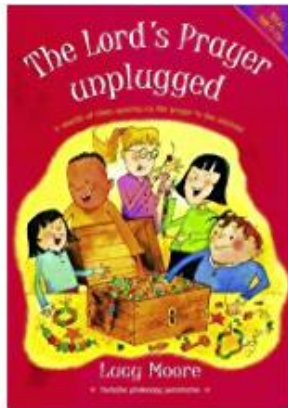
A Book of prayer for toddlers and grown ups to share together both through the day and at bedtime. The books work really well in toddler groups as well as at home. Children enjoy learning the colours of the rainbow and finding the colour in every picture.



My Little prayer board Book by Christina Goodings

A colourful board book that is great for small hands to hold, it contains 20 comforting and reassuring prayers .

For 5 -11's



The Lords Prayer Unplugged by Lucy Moore

This is an excellent resource for exploring the Lords prayer.

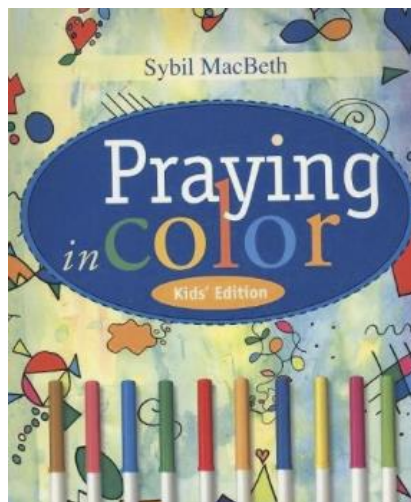
It is divided in to ten sessions that can be used as a complete teaching programme or each unit stands alone so the individual phrases can be studied separately. Each session has ideas for bible exploration, creativity, reflective spaces and games.

Flame Creative Kids Blog

A brilliant blog with lots ideas for creative prayer for younger children. There is a wealth of good ideas for prayer activities for Messy Church and Junior Church.

<http://flamecreativekids.blogspot.co.uk/p/creative-prayer.html>

Praying in Colour

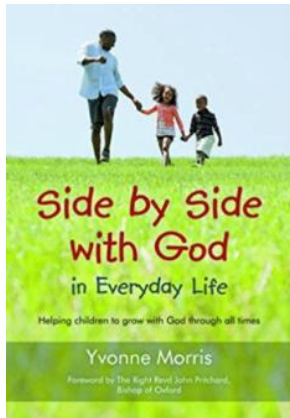


Praying in Color prayer + doodling

Books are available for both Children and Adults and great supporting resources can be found on the website

<https://prayingincolor.com>

A joyful, natural, creative way for children to connect with God especially when words to pray seem are hard to find or sitting still in prayer is challenge or you just a want to be with God and don't know how.

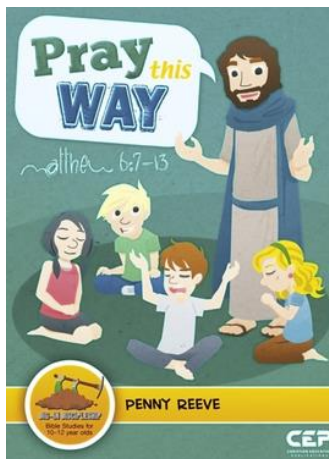


Side By Side with God in everyday life by Yvonne Morris

This book is great for sharing "Bible" truths with children in church and the home. Short, yet thought-provoking reflections are designed to draw the child in to the story and promote discussion. Each theme is explored through wondering, story, discussion, reflection and prayer. It is suitable for use with children in many contexts including the home, in midweek and Sunday groups.

For 10 -12's

Pray this way by Penny Reeve

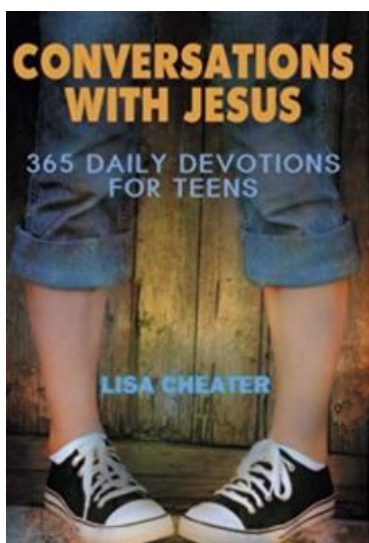


One of a series of 7 books called 'Dig - in discipleship for tweens' from the good Book Company

Pray this Way explores Matthew 6:7–13, where Jesus teaches us that talking to God is a gift rather than a rule to follow. Prayer is a thoughtful conversation with our Lord and Saviour who loves us, listens to us and speaks into our lives.

The book contains 7 studies and is particularly designed for 10-12 year olds.

Young People



Conversations with Jesus by Lisa Cheater

Conversations with Jesus: 365 Daily Devotions for Teens is the perfect tool for every teen who desires to know more about Jesus and what the Bible says about any life situation. Through a collection of encouraging, quick-read messages written in Jesus first-person voice, *Conversations with Jesus* helps teens turn religion into a real relationship with Christ.

Each day, students ages 12-18 are guided toward a closer walk with their Saviour through a full year of carefully selected scripture passages and relevant applications that are trustworthy, practical, and action-oriented.



Fresh Ideas for prayer - a series of 4 books on prayer by Rachel Jones from the Good book company.

Each section of the book takes a passage of scripture and suggests 5 things to pray for

Other title in the series include:

5 Things to pray for your Church

5 things to pray for the people you love

5 things to pray for your world

A great article from Energise - 'Seven ways to encourage young people to pray'
https://www.energize.uk.net/articles/now/7_ways/7_Ways_Encourage_Young_To_Prayer

Lots of creative ideas for prayer and worship
<http://engageworship.org>

Encouraging creative prayer
<https://www.24-7prayer.com/EncouragingCreativePrayer>

Excellent resources for prayer spaces
<https://www.prayerspacesinschools.com>

More great ideas for prayer stations

<http://www.rethinkingyouthministry.com/2009/02/yes-more-creative-prayer-stations.html>

Prayer 24/6

<https://www.24-7prayer.com>